

Advancing the clinical research ecosystem in Africa: inclusive, innovative and impact-driven approaches



AFRICA
REGULATORY
CONFERENCE
2025

4-PART SERIES



UNDER- REPRESENTED POPULATIONS IN CLINICAL TRIALS

02 October 2025

13H00 – 16H00 CET & SAST



SESSION 1:

**WHY ARE RESEARCH ETHICS
IMPORTANT?**

PANEL DISCUSSION



Jacqueline Kitulu,
Incoming President,
World Medical
Association



Mercury Shitindo
Chair & Executive
Director, Africa
Bioethics Network

SESSION 2:

PROJECT INITIATIVE PRESENTATIONS

PANEL DISCUSSION



Martina Penazzato
GAP-f lead,
WHO



Mariana Widmer
Scientist, Maternal and
Perinatal Health,
WHO



Myriam El Gaaloul
Head of Clinical &
Regulatory
Sciences, MMV



Theresa Wang
Clinical Quality and
Compliance
Management Director,
AstraZeneca

Ensuring better inclusion of underrepresented populations in clinical trials

Martina Penazzato MD, MSc, PhD

GAP-f lead

Science for Health Department - WHO's Chief Scientist Office

2 October 2025



WHA75.8 called for actions to strengthening clinical trials: several key milestones achieved to date

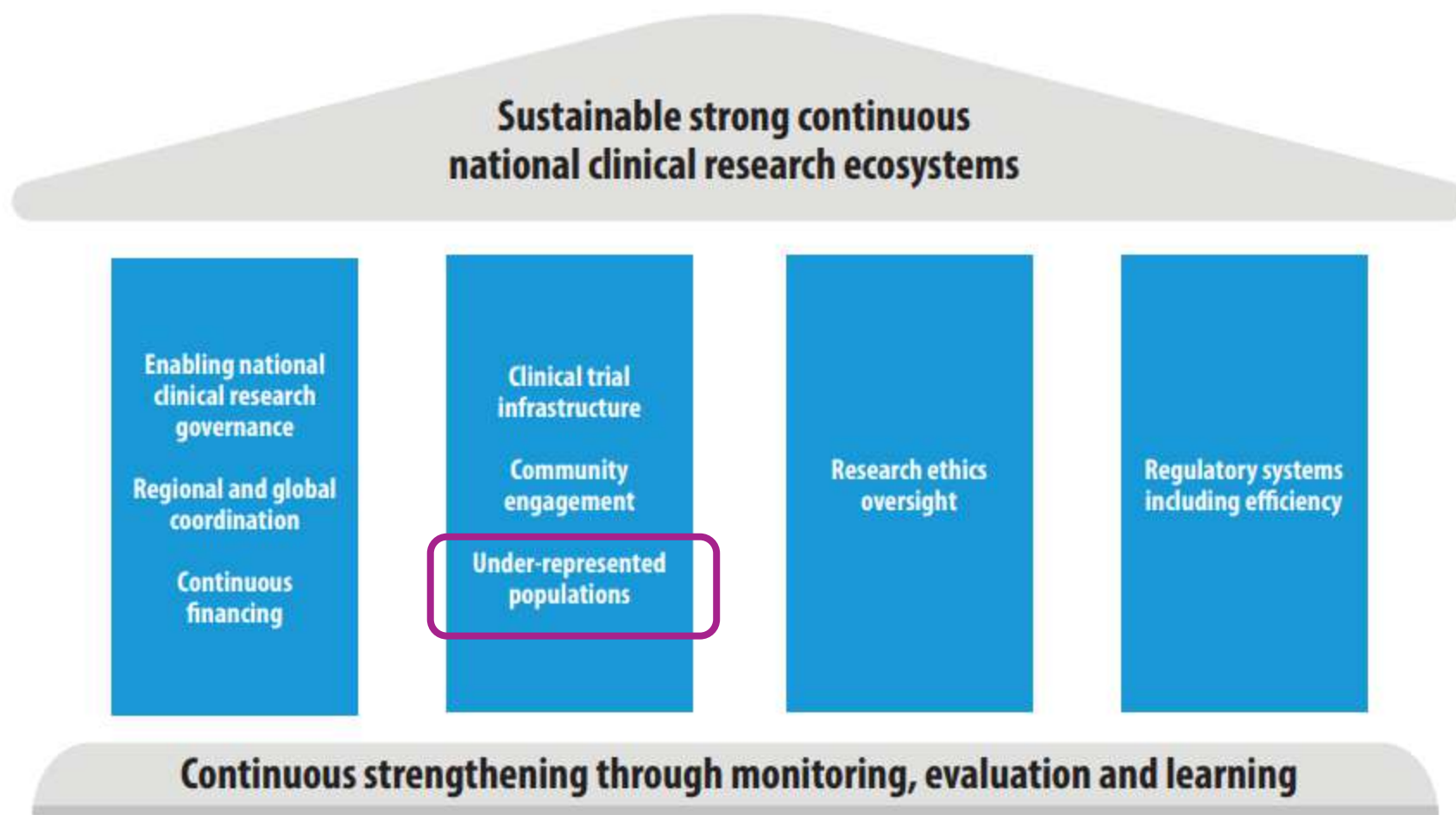


SEVENTY-FIFTH WORLD HEALTH ASSEMBLY
Agenda item 16.2

WHA75.8
27 May 2022

Strengthening clinical trials¹ to provide high-quality evidence on health interventions and to improve research quality and coordination





Source: Moorthy V, Abubakar I, Qadri F, Ogutu B, Zhang W, Reeder J, et al. The future of the global clinical trial ecosystem: a vision from the first WHO Global Clinical Trials Forum. The Lancet. 2024 Jan 13;403(10422):124–6 ([https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(23\)02798-8/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(23)02798-8/fulltext)).

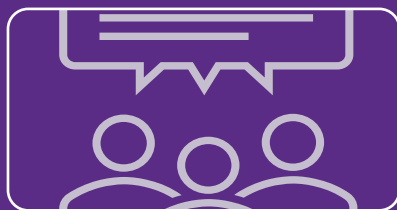


**World Health
Organization**

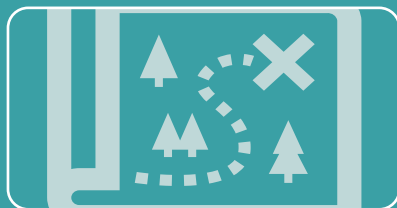
Document link:



Policy Guidance for Better Inclusion of Underrepresented Populations in Clinical Trials and Research



Scoping review & Root Cause Analysis to (i) identify underrepresented populations across intervention types (vaccines, therapeutics, diagnostics) and (ii) analyze systemic, structural, and operational barriers, including regulatory, ethical, and logistical constraints.



Policy Mapping & Gap Analysis of existing national and international policies, guidance documents, and toolkits, to identify gaps and inconsistencies and develop principles and criteria for equitable access.



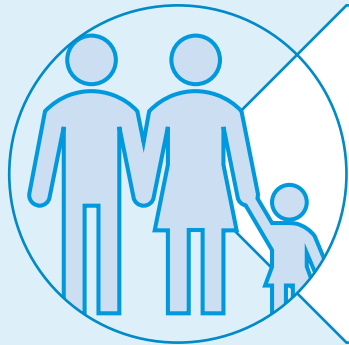
Drafting of policy guidance & implementation tools

Objective: identify barriers, assess policy frameworks, and deliver actionable tools to promote equity in research participation



Key barriers to inclusion of children in clinical research

Failure of the global research community to efficiently coordinate and align, including processes between national governments, communities, researchers, regulators, industry and funders to address the most pressing evidence gaps for infants and children



Common to all areas of research

- DATA & BIOSPECIMEN GOVERNANCE
- RESEARCH LEADERSHIP AND CAPACITY
- INFRASTRUCTURE & LOGISTICS
- TRIAL METHODOLOGY
- NATIONAL LEADERSHIP AND STEWARDSHIP



Disproportionately affecting paediatric research

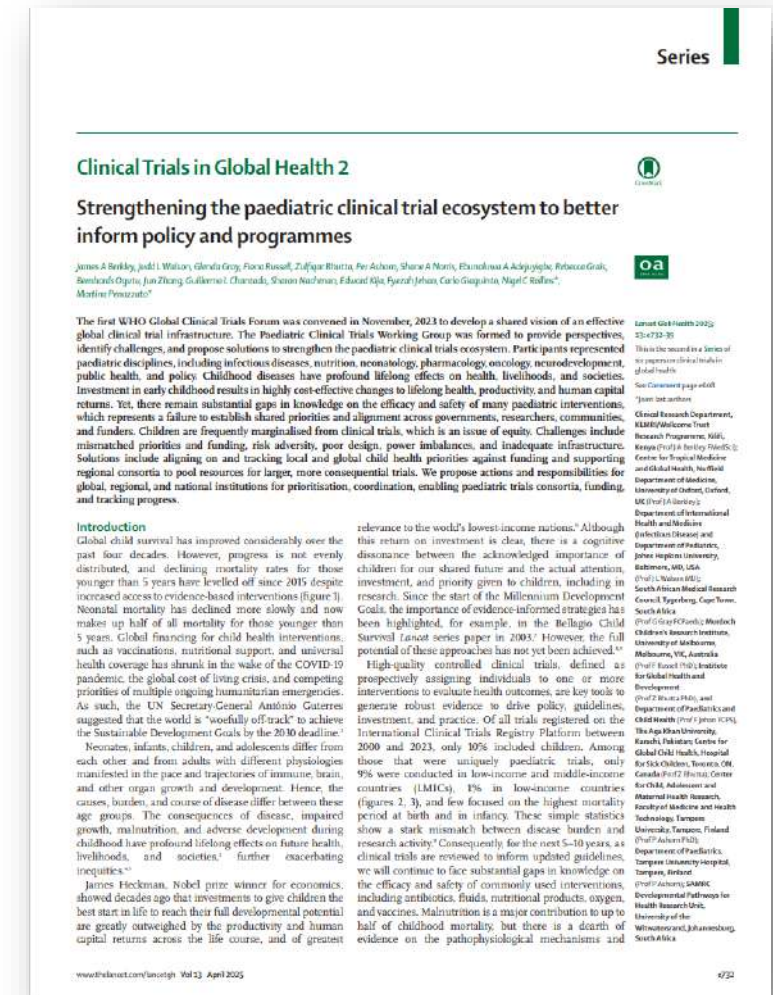
- ETHICS and REGULATORY
- FUNDING
- RESEARCH CAPACITY

Solution framework towards impactful evidence for children

A coordinated, transparent process with an accountability mechanism to complete high quality research that provide policy makers and programme managers with definitive evidence to inform interventions that reduce infant and child mortality and improve health and development

- Over the next 5 years we aim for research collaborations to address agreed research priorities in countries
 - High quality evidence to inform policy
 - Builds sustainable research infrastructure
 - Supported by enabling ethical and regulatory environment
 - With accountability mechanism

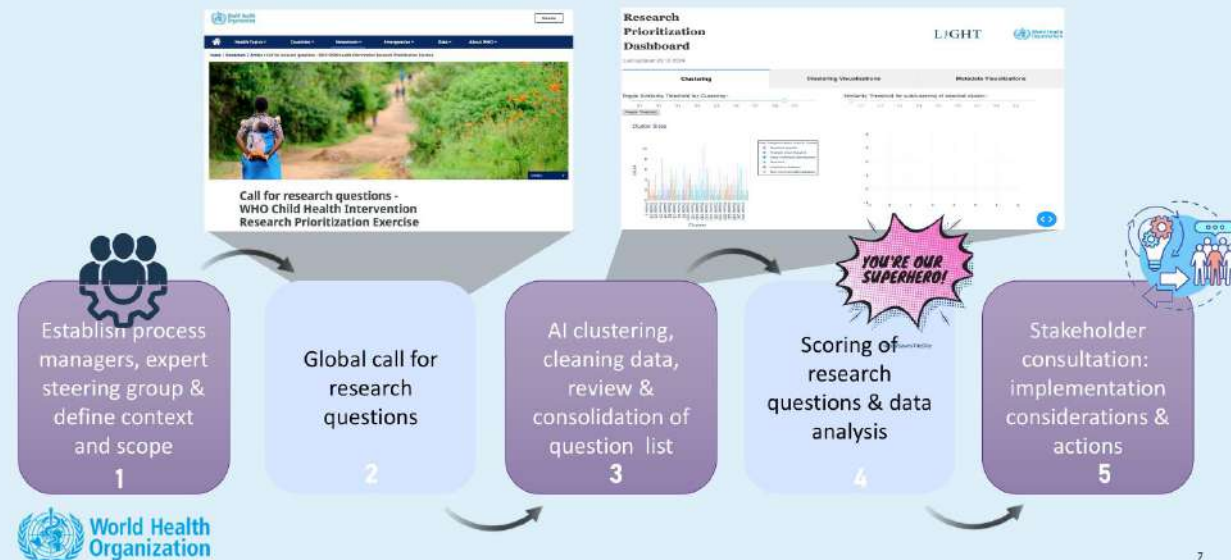
Unless there is a step change in how critical clinical trials for infant and child survival, health and development are approached, there is no reason to believe that things will change



Priorities for collaborative multicountry clinical trials are now identified

Technical report to be launched by the end of October

Key steps in the process



The future of paediatric clinical trials – setting research priorities for child health

Technical report



Ensuring key enablers are put in place to support design and conduct of priority clinical trials

Coordinated and targeted funding

- **Pooled funding** from multiple stakeholders (public and private sector) to support prioritised research;
- ensuring community engagement and **capacity building within budgets**;
- supporting staff **career development** and staff retention
- **Government** involvement and funding of research;

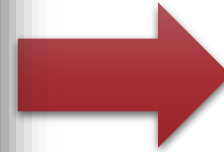
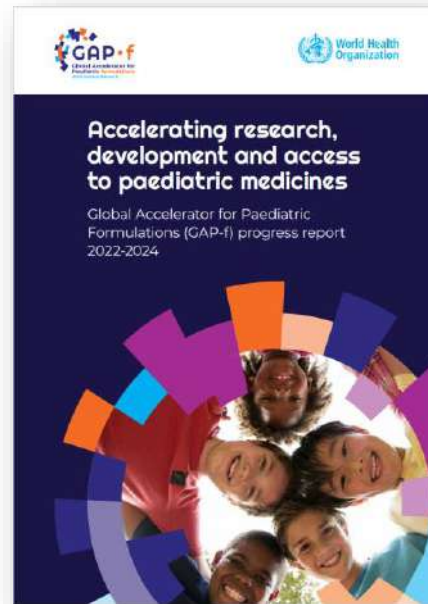
Enabling Regulatory and Ethical Frameworks

- Published regional and national action plans for **paediatric ethics training** and accreditation;
- Paediatric-specific Good Clinical Practice (**GCP**) and research ethics training;
- **Alignment of ethical and regulatory principles** in support of rapid implementation of research
- Annual publication of the number and proportion of trials being undertaken in children at national, regional and global levels.

Knowledge translation

- Efficient **dissemination of study findings and translation** into practice and policy change at global and national level;
- **Learning health systems approaches** in knowledge translation;
- **Establish capacity incrementally** for future research

GAP-f continues to deliver & evolve



Our Vision

All children have access to the medicines they need



Our Mission

Contribute to universal health coverage by fostering collaboration among stakeholders to identify gaps, set priorities, and accelerate the research, development, and delivery of high-quality, affordable and accessible medicines for children.



Transforming the paediatric medicines ecosystem

Strategic roadmap 2025-2030



Launched on May 20th at WHA78 side event

Phase 1

Start up phase

Establishing trust and collaborative models

Phase 2

Testing the platform

Integrating new therapeutic areas and strategies

Phase 3

Consolidation

Enhancing efficiency

“GAP-f has built a network that amplifies our collective ability to deliver essential medicines to the most vulnerable. We need to continue to leverage our shared expertise and meet our commitments, so that every child has access to the life-saving medicines they need.”

Helga Fogstad
Director, Health Program
United Nations Children's Fund
(UNICEF)

Unitaid Gates Foundation

St. Jude Global

TEMASEK FOUNDATION



Our goal by 2030:

30
by
'30

is GAP-f's bold, focused commitment to ensuring that children everywhere have access to paediatric medicines—because no child should miss out on lifesaving care:



10 Diseases
assessed

Priority formulation needs identified focusing the global community on areas of greatest need, impact and feasibility



10 Medicines
accelerated

Enabled and supported through the product lifecycle for faster, more efficient market access



10 Countries
strengthened

Paediatric medicine ecosystems developed to improve adoption and delivery to children

This is the ambition that will drive our collective action...

We will get there with agility and purposeful collaboration



Clinical research



1 Align and coordinate

- ✓ **Tracking study completion** to identify delays, detect bottlenecks and trigger actions for rapid implementation and timely translation into policies, regulatory approval, and product introduction.
- ✓ Contributing to **technical advocacy for clinical research** by developing joint messaging for stakeholders, forging new partnerships and mobilizing resources and attention.
- ✓ Promoting **civil society and community engagement in research** to actively incorporate end-user perspectives in the design, implementation and dissemination of clinical research.

2 Enable and collaborate

- ✓ Facilitating **joint regulatory and industry engagement** to optimize study design and evidence generation, particularly where public health needs and clinical development misalign.
- ✓ Supporting partners in initiating clinical studies where gaps are identified, leveraging the expertise of the GAP-f network, fostering cross-disease learning and knowledge exchange to **enhance clinical trial design and execution**.
- ✓ Exploring and applying innovative trial methodologies, including novel statistical approaches, to **design well-powered clinical trials while minimizing enrolment requirements** and enable meaningful data interpretation from small trials.
- ✓ Contributing to strengthen the **clinical research ecosystem** for investigating novel medicines and formulations in children by enhancing capacity, enabling policies, and developing implementation tools. This is to ensure alignment with global initiatives under the 2022 World Health Assembly resolution (16) to create a more equitable environment for conducting studies in affected communities and underserved populations.
- ✓ Advancing a **paediatric data hub** to enable the monitoring of safety and effectiveness of newly introduced paediatric medicines, especially where clinical trial data is limited.

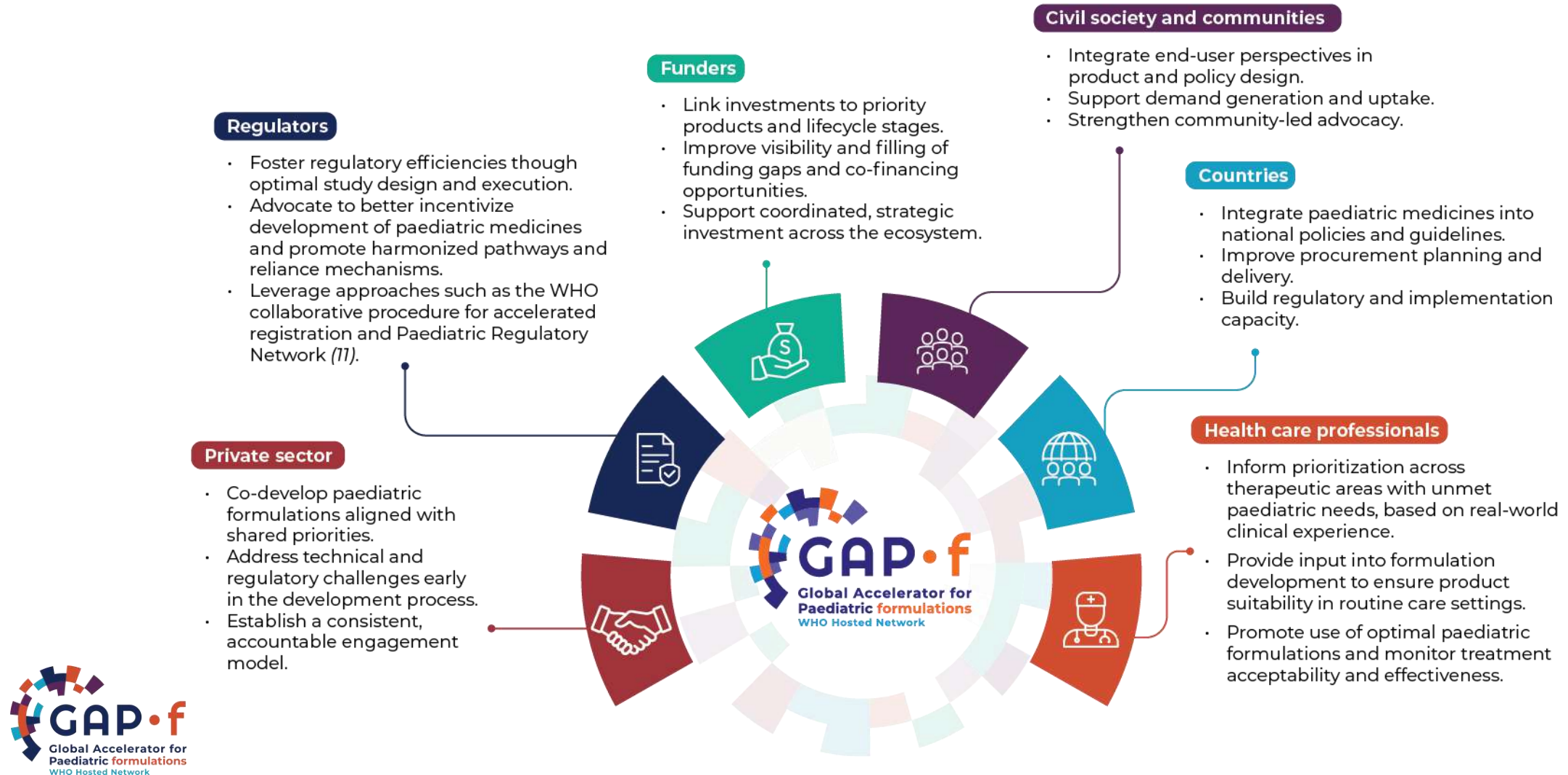
Axis 1: Aligning and coordinating:

This axis ensures global efforts are unified around shared priorities and supported by streamlined coordination across the product lifecycle. It provides alignment, structure and coordination

Axis 2: Enabling and collaborating:

This axis focuses on translating aligned priorities into impact through active partnerships, catalyzing innovation and supporting access. It facilitates collaboration and delivery.

We will continue to work through an ecosystem approach



Together stronger for kids



<https://www.who.int/initiatives/gap-f>



[@GAP_f_Network](#)



GAP-f@who.int



World Health
Organization



Access our strategy
for 2025-2030 here



The need for inclusive research to address Maternal Health

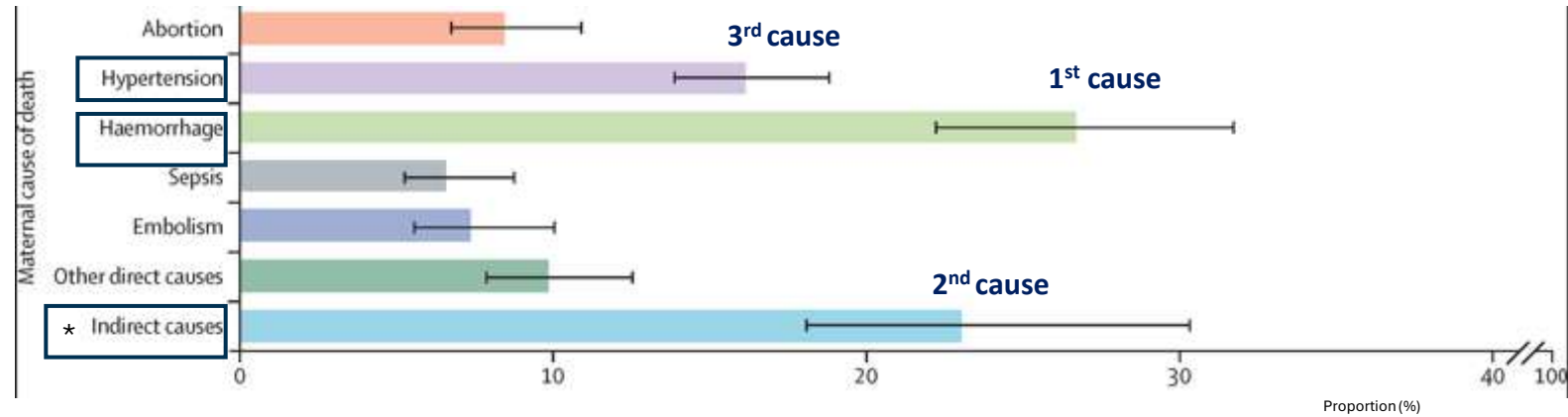
Mariana Widmer, Scientist, WHO/HRP



World Health
Organization

human
reproduction
programme **hrp.**
research for impact
UNDP · UNFPA · UNICEF · WHO · WORLD BANK

Women continue to die during childbirth



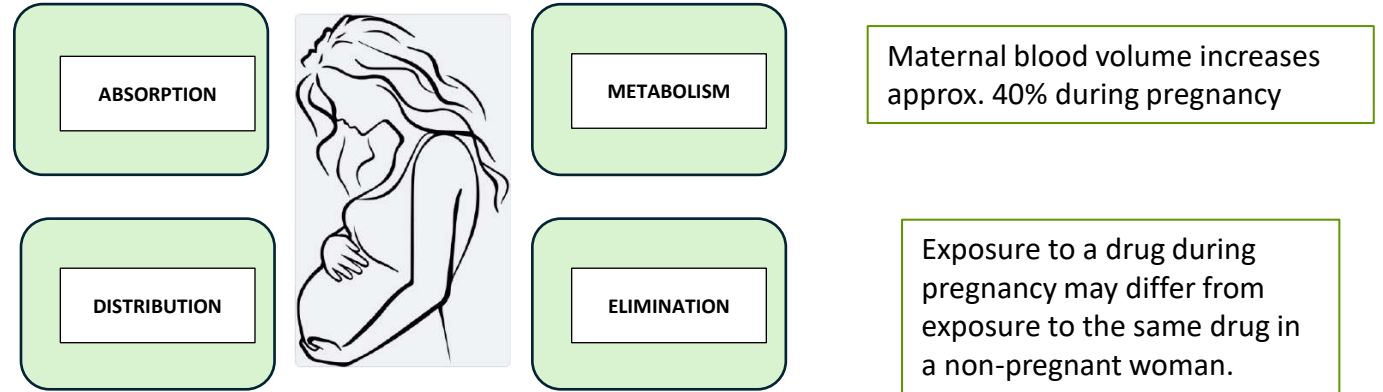
* NCDs and chronic conditions

To reduce maternal mortality, we must address pregnancy-related conditions as well as other health issues that affect women throughout their lives, including during pregnancy.



Pregnancy introduces significant physiological changes

that can impact the absorption, distribution, metabolism and elimination of certain medicines.



- Medicines should be tested in pregnant women to understand how physiological changes affect their efficacy and safety.
- Without evidence-based data, health providers cannot accurately assess the risks or benefits of prescribing medications during pregnancy.
- Therefore, clinical trials must include pregnant women to generate reliable safety and efficacy data in this population.

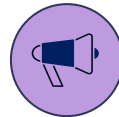
However, pregnant women have long been excluded from clinical trials



- Despite around 70% of pregnant women taking prescription medicines, most are used off-label.

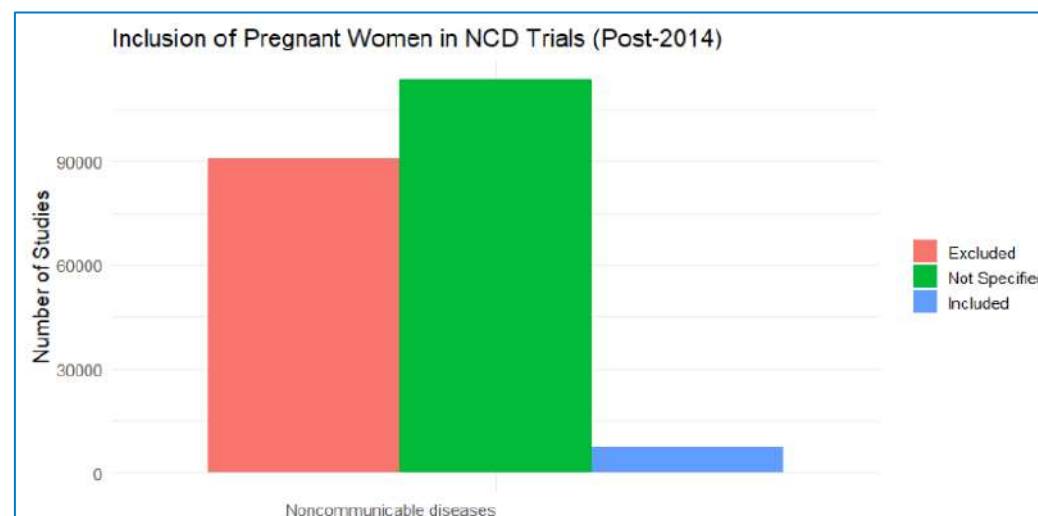
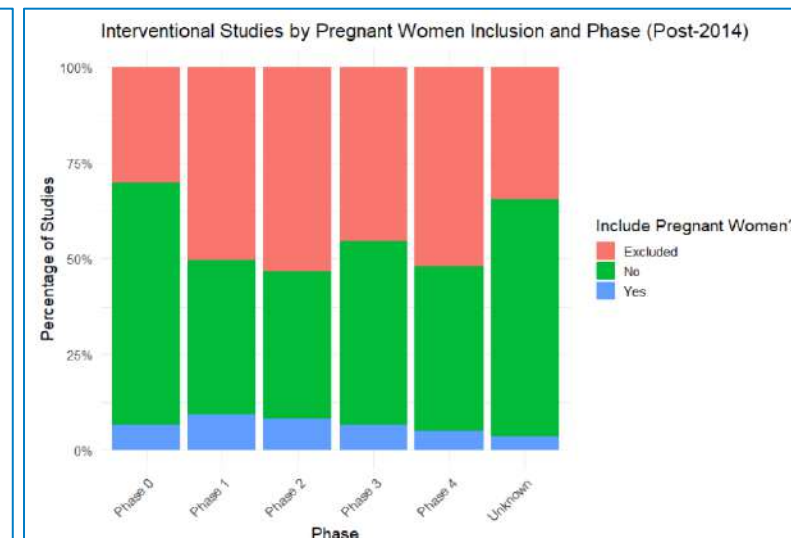
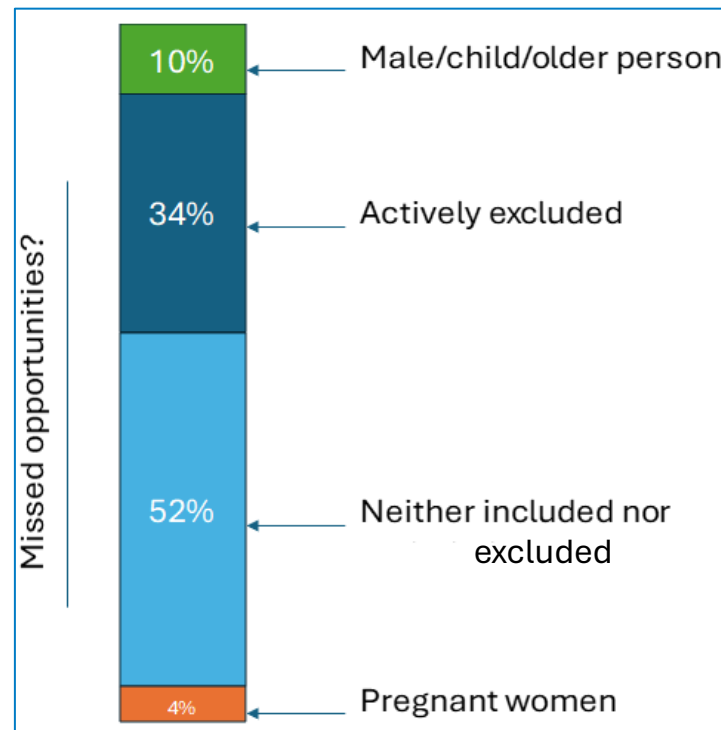


- The lack of data in pregnancy, shifts treatment decisions to the mother and healthcare provider, without adequate guidance.



- Excluding pregnant women from clinical trials may pose greater risks than including them.

Inclusion of pregnant women in ICTRP trials post 2014



Although there was a surge in COVID-19 clinical trials, pregnant women remained underrepresented

Evidence indicated that pregnant women had higher risks of morbidities related to COVID-19 infection

Inclusion of pregnant women in COVID-19 treatment trials: a review and global call to action



Melanie M Taylor, Loulou Kobeissi, Caron Kim, Avni Amin, Anna E Thorson, Nita B Bellare, Vanessa Brizuela, Mercedes Bonet, Edna Kara,



	Number of COVID-19 treatment studies (April 7-10, 2020)	Number of treatment studies excluding pregnant women (April 7-10, 2020)	Cumulative COVID-19 treatment studies* (July 10-15, 2020)	Cumulative number of treatment studies excluding pregnant women (July 10-15, 2020)
UK ISRCTN registry	4	3 (75%)	6	3 (50%)
Brazilian Clinical Trials Registry (ReBec)	2	2 (100%)	2	2 (100%)
US ClinicalTrials.gov	84	64 (76%)	429	328 (77%)
Clinical Trials Registry - India (CTRI)	2	1 (50%)	5	5 (100%)
Australia and New Zealand Clinical Trial Registry (ANZCTR)	3	3 (100%)	6	3 (50%)
Chinese Clinical Trial Registry (ChiCTR)	33	30 (91%)	92	68 (74%)
EU Clinical Trials Register (EU-CTR)	19	18 (95%)	34	28 (82%)
Iranian Registry of Clinical Trials (IRCT)	5	3 (60%)	143	101 (71%)
The Netherlands Trial Register	1	0	1	0
Swiss FOPH Human Research Projects	2	0	2	1 (50%)
Total	155	124 (80%)	722	538 (75%)

Studies are included irrespective of design. *Cumulative search in July, 2020, is inclusive of the studies originally identified during April, 2020.

Table 1: Registered COVID-19 treatment studies that exclude pregnant women

75% of treatment studies excluded pregnant women.

Barriers to including pregnant women in clinical research result in

- Unethical practices
- Delays in effective interventions
- Wasted resources
- Loss of public trust in research.

Pregnant women are underrepresented in clinical trials for several reasons:

- **Perceived low profitability**

Pregnant women are often seen as a **less profitable market**, leading pharmaceutical companies to invest less in drug development and testing for this population.

- **Research capacity challenges**

IRBs, ethical review boards, and/or scientists often lack expertise on maternal health – limited understanding of the unique biological variations in pregnancy.

- **Limited autonomy**

Pregnant women have limited decision-making power, and they are not viewed as patients.

The paradigm for including pregnant women in clinical research must change

Pregnant women must be protected

✓ through ethical research,
✗ not from research.

There is a need for a global shift towards inclusive research

- **COUNT**
- **STUDY**
- **INCLUDE**
- **CARE**
- **INVEST**



EVIDENCE-BASED DATA

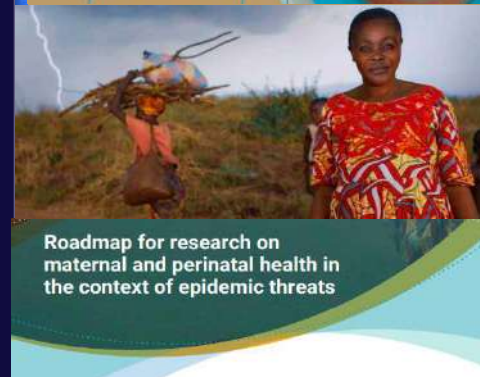
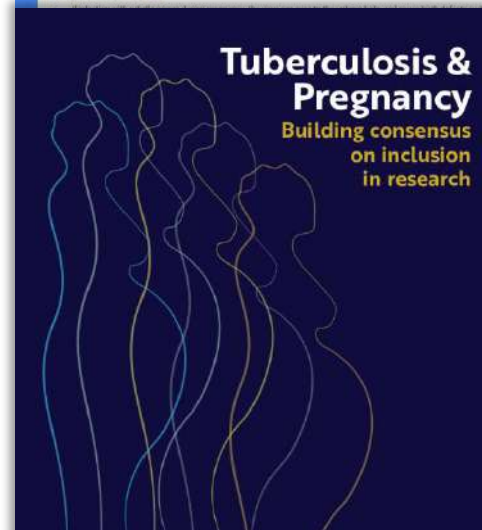
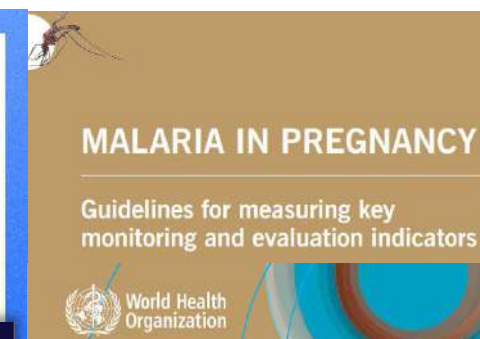
QUALITY RESEARCH

EQUITY

CLINICAL GUIDANCE

ACCELERATE PROGRESS

Driving this global shift demands coordinated action from multiple stakeholders



Rationale for a coordinated action approach on pregnant and lactating women (PLW)



Public health needs

Pregnant and lactating women continue to have limited access to health interventions due to historical exclusion from clinical trials driven by conservative approaches focused on minimizing safety risks for mothers and babies



Barriers

Initiatives to promote inclusion of PLWG exist but are often fragmented and disconnected

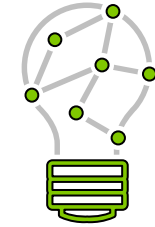


Momentum

WHO Clinical Trials forum is an opportunity to address access gaps for PLWG.



Two WHA Resolutions advocating for commodities for PLWG and for inclusion of under-represented populations in clinical trials.



Opportunity

WHO's convening power can be leveraged to heighten awareness and foster coordination and collaboration to improve health interventions for PLWG.



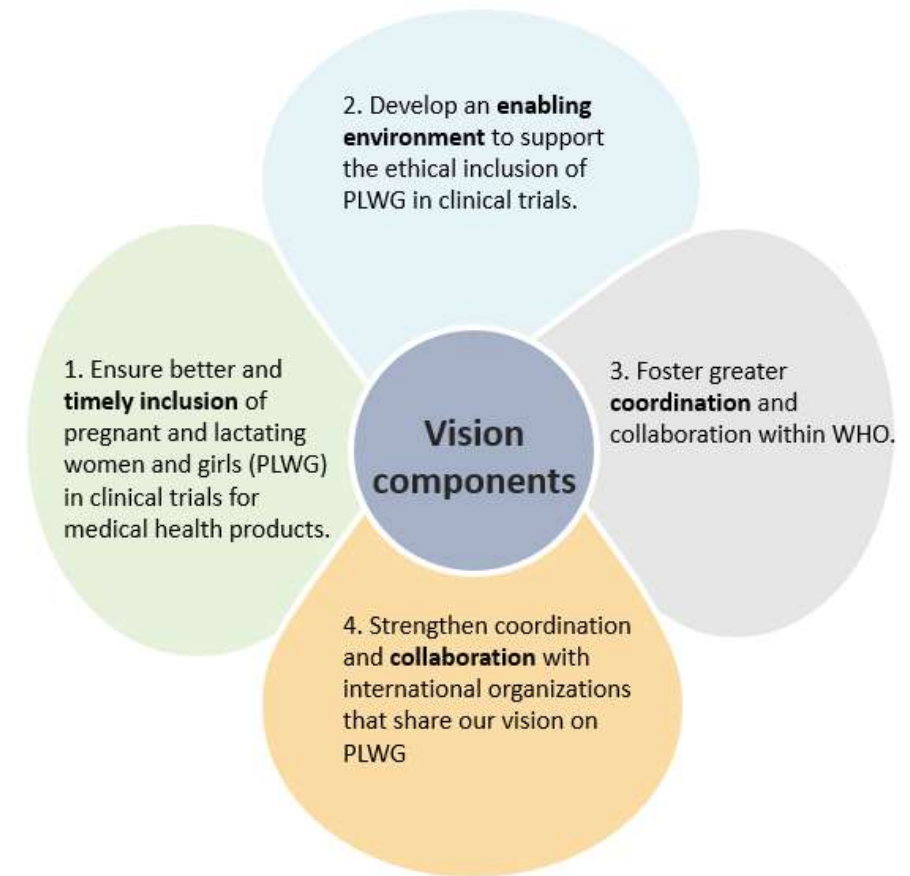
There is increasing motion among external stakeholders for a proactive and integrated approach to PLW health needs (e.g. ICH, etc)



WHO Task Force for the Timely Inclusion of Pregnant and Lactating Women in Clinical Trials

- a collaborative platform to align approaches and foster cooperation across WHO departments in delivering functions related to the WHA resolution 75.8.

PLW Task Force Vision: To achieve by 2030 timely and ethical inclusion of pregnant and lactating women and girls in clinical trials for medical health products, by creating an enabling environment and fostering collaboration with partners.



Ensure better and timely inclusion of PLW in clinical trials for medicines

- a. Enhanced understanding of current evidence gaps that limit the use of medical health products in PLW
- b. Guidance and implementation tools for the inclusion of PLW in clinical trials
- c. Monitoring the inclusion of PLW in clinical trials at a global level



Develop an enabling environment to support the ethical inclusion of PLW in clinical trials

- **Engagement** with regulators, researchers, product developers, policymakers, and communities to foster collaboration and align priorities.



Foster greater coordination and collaboration within WHO



- **Map** ongoing product optimization efforts to identify unique needs
- Establish a **prioritization framework** to guide disease focus
- Facilitate regular **information sharing** to enhance collaboration
- Promote **end-to-end** approach for key products
- Develop a **unified voice** on key principles for external engagement
- Ensure **multi-level communication** and coordination on this topic



Strengthen coordination and collaboration with external partners who share our vision for the inclusion of PLW



- Ensure timely **sharing of information** on respective work involving PLW
- Promote **collaboration** through synergies and complementarity of action
- Foster creation of **network of networks** that can share knowledge and join forces
- Enable **product development partnerships** (PDPs) through support from WHO
- **Advocate collectively** for the needs and concerns of PLW



Conclusion

We have a window of opportunity



Many seeds have already been planted



Now is the time to join forces and move from theory to action



“Science and everyday life cannot and should not be separated.” — Rosalind Franklin

Maternal health outcomes can be improved through a collaborative, life-course approach.

Thank you

The Malaria in Mother and Babies (MiMBa) Initiative

Myriam El Gaaloul, PharmD
Head of Clinical and Regulatory Sciences
Medicines for Malaria Venture

Ending malaria, *rewriting the future*

MMV 
Medicines for Malaria Venture

25 YEARS

Medicines for Malaria Venture (MMV) - Who We Are



- A **Product Development Partnership**, Swiss foundation of over 100 people working towards one mission:
- To reduce the burden of malaria by **discovering, developing and facilitating the delivery** of new, effective and affordable antimalarial drugs

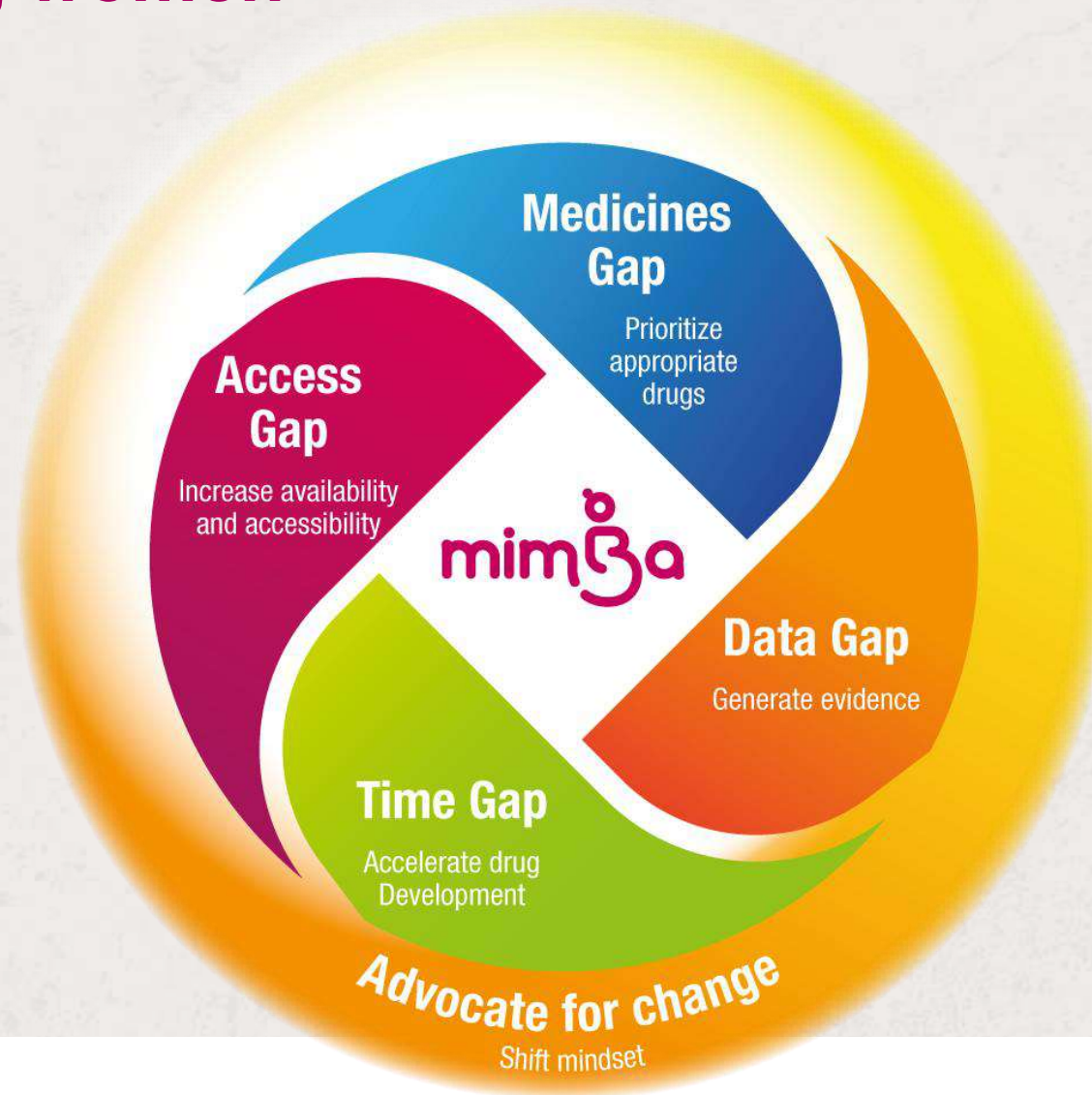
- Academic research and clinical trial sites
- Pharmaceutical research
- New medicines for malaria

Pregnant women: an important group at risk of malaria



- Annually **~120M** pregnancies in endemic countries¹
- In 2023, **12M** (36%) were infected with malaria in SSA²
- Malaria in pregnancy increases the risk of **maternal mortality, severe anaemia, pregnancy loss, neonatal and infant deaths, low birth weight**³

Significant gaps remain to serve the needs of pregnant and breastfeeding women



Malaria in Mothers & Babies (MiMBa) strategy

The film tells the story of Dianah Otiend, a Kenyan mother who contracted malaria while pregnant with her third child, Elizabeth, and the work done by MMV and our partners to treat malaria in pregnancy

<https://www.youtube.com/watch?v=xpX-Hab172I>



Five Years of MiMBa: Innovation and Impact!



**50,000 women
consented to the
MiMBa registry**



**SAFIRE: World-first
adaptive platform
trial in first
trimester pregnancy**



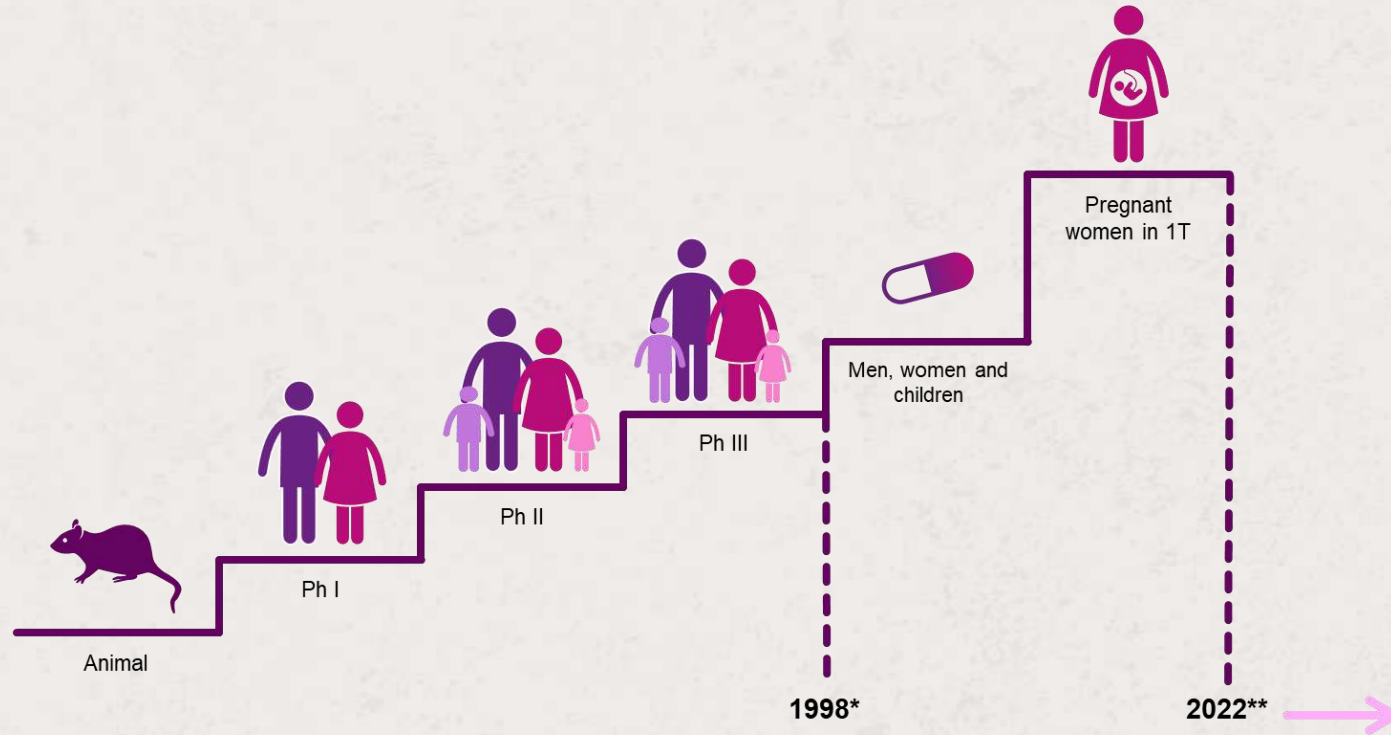
**Re-orienting anti-
malarial drug
development**



**Symposium with
African Regulators**

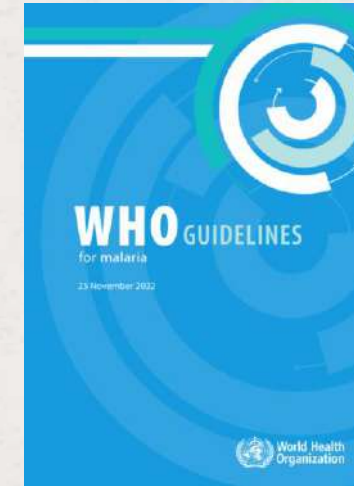
Closing the medicines gap in First Trimester*

Alternatives to artemether–lumefantrine are needed



*Coartem's first national approval in Gabon 1998; Swissmedic approval in 1999

**AL added to WHO Treatment guidelines in 1T



WHO supports the use of AL,
but no data are available for
pyronaridine-artesunate

MiMBa pregnancy registry

A unique project on the African continent

- **Prospective “ACTIVE” pregnancy registry:** cohort of women of childbearing potential in Kenya & Burkina Faso
- **Primary objective:** miscarriage, stillbirth and major congenital anomalies
- Support the update of **WHO treatment guidelines** and **drug labels** in the first trimester

Women consented	50,889
Pregnancies in consented women	16,097
Women with antimalarial exposure in first trimester	713



Safety of Antimalarials in the FIRst TrimEster (SAFIRE) *A Co-creative Approach*

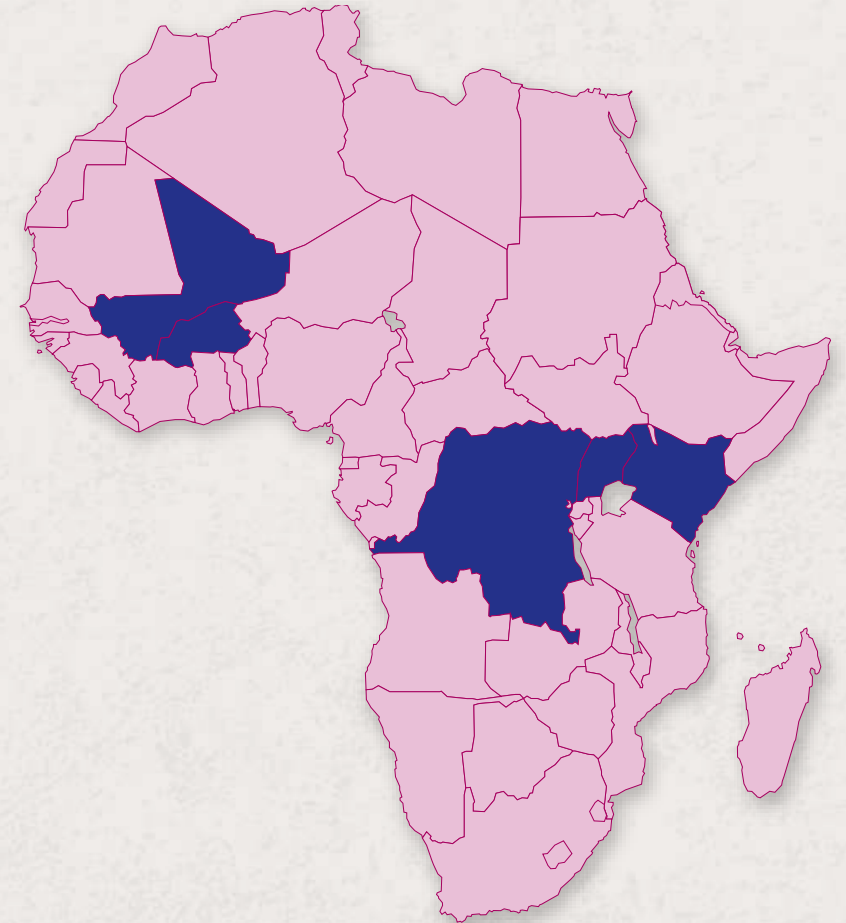
In Feb 2023, global research experts discussed the **ethical**, **statistical** and **clinical** considerations for the **FIRST interventional adaptive platform** study in the first trimester



Safety of Antimalarials in the FIRst TrimEster (SAFIRE)

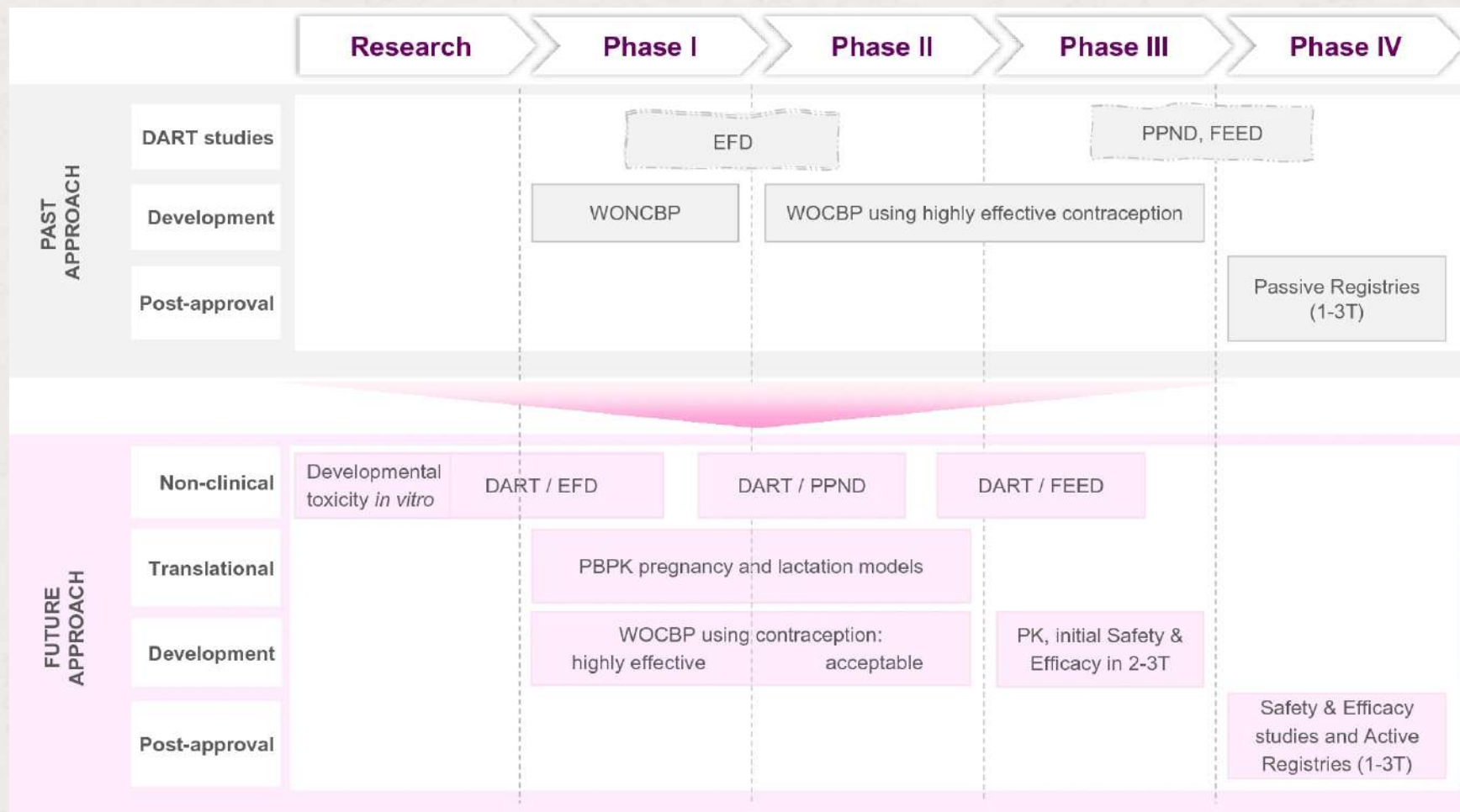
World-first adaptive platform trial in first trimester pregnancy

- **Multicentre, open-label, randomized, Phase 3** assessing efficacy and safety of antimalarials in **first trimester of pregnancy**
- Start with **3 arms**: pyronaridine-artesunate, dihydroartemisinin-piperaquine vs AL
 - Note: DRC and Uganda when more arms/funding
- Leverage **clinical** and **social research**
- EC clearances in all 3 countries, with HA approvals in Mali and Burkina Faso; **FPFV imminent!**



<https://safire-consortium.org/>

Re-orienting anti-malarial drug development to better serve pregnant women



Evolving Regulatory Landscape



Advancing Inclusion of Pregnant and Lactating Women in Clinical Trials in Africa

Symposium Report

Kigali, Rwanda

18 & 19 March 2025

 Concept Foundation

 **MMV** Medicines for Malaria Venture



FDA Updates Relevant to PRGLAC Recommendation 13: Optimize Registries for Pregnancy and Lactation

Leyla Sahin, MD, Deputy Director for Safety
Division of Pediatrics and Maternal Health (DPMH)
Office of Rare Diseases, Pediatrics, Urology and Reproductive Medicine
Office of New Drugs
Center for Drug Evaluation and Research
PRGLAC Meeting November 17, 2023



REPORT OF THE COMMISSION ON HUMAN MEDICINES EXPERT WORKING GROUP ON OPTIMISING DATA ON MEDICINES USED DURING PREGNANCY



12 May 2025
EMA/CHMP/ICH/149462/2025
Committee for Human Medicinal Products

ICH E21 Guideline on inclusion of pregnant and breastfeeding individuals in clinical trials

Step 2b



EUROPEAN MEDICINES AGENCY
SCIENCE MEDICINES HEALTH

A photograph of a classroom full of African students. In the foreground, a girl on the left wears a brown beanie and a brown and white striped vest over a white shirt. Next to her, a boy in a white school shirt with a crest looks directly at the camera. To his right, another boy in a similar white shirt has his hand raised. The background is filled with other students, some also raising their hands, creating a sense of an active classroom.

Thank you

Ending malaria, *rewriting the future*

ICH E21 EWG: Inclusion of Pregnant and Breastfeeding Individuals in Clinical Trials

Step 2 document

Released for public consultation from May 2025

Presenter: Theresa Wang, IFPMA ICH E21 EWG Expert

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Background

- This document has been signed off as a *Step 2* document (14 May 2025) and issued by the ICH Regulatory Members for public consultation
- This document was developed based on a Concept Paper (11 June 2023)
- Anticipating finalization as a *Step 4* document to be implemented in the local regional regulatory system: Q1 2028

Guideline Objectives

- The objective of this guideline is to provide recommendations for the appropriate inclusion and/or retention of pregnant and/or breastfeeding individuals in clinical trials and facilitate the generation of robust clinical data that allow for evidence-based decision making on the safe and effective use of medicinal products by these individuals and their healthcare providers (HCPs).

Guideline Scope

- The scope of this guideline includes pre- and postmarketing clinical trials of investigational products (see ICH E6(R3)) for indications in the general population and indications specific to pregnant or breastfeeding individuals.

Key Principles (1/3)

- In principle, inclusion of pregnant and breastfeeding individuals in clinical trials should be considered for all products where individuals of childbearing potential are among the anticipated user population. It is especially important for conditions where there is high unmet medical need for treatment in pregnancy or while breastfeeding; however, the scope of this guideline is not limited to these scenarios.
- Proactive planning for obtaining data and data collection related to use in pregnancy and/or breastfeeding through nonclinical and clinical studies (or the rationale for not obtaining data) should be done from the early stages of formulating the development strategy for the investigational product.

Key Principles (2/3)

- Recommend to consult with regulatory authorities as early as possible and as needed throughout the investigational product development process.
- Recommend early engagement with appropriate stakeholders, including patients.
- Every effort should be made to reduce the burden of study procedures on pregnant and breastfeeding study participants.
- Essential to avoid any undue influence or coercion when pregnant or breastfeeding individuals are included in clinical trials.
- Assessing the safety in pregnant and breastfeeding individuals is complex as there are potential impacts on the fetus and breastfed child to consider.

Key Principles (3/3)

- Ongoing safety monitoring of product use in these populations in the postmarketing period contributes to the identification of safety signals, especially for rare or delayed outcomes, that are unlikely to be thoroughly addressed in pre-authorization clinical trials.
- Available data and assessment of investigational product benefits and risks during pregnancy and breastfeeding are expected to be included and updated as necessary in labeling documents.

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Considerations

- In alignment with the principles of ICH E8(R1), the approach to collecting data from pregnant individuals in clinical trials involves a systematic expansion of data collection across relevant sources and patient populations, guided by data-driven decisions to safeguard study participants.
- General principles for clinical trial conduct and informed consent of ICH E6(R3) apply to pregnant and breastfeeding individuals
- Standard general recommendations on safety evaluation such as classification, assessment, and reporting of AEs (i.e., ICH E2A, ICH E2F, ICH E6(R3), ICH E8(R1)) apply to studies including pregnant and/or breastfeeding participants.

Conclusions

- A new Efficacy guideline to provide a globally accepted framework and best practices to enable inclusion and/or retention of pregnant and breastfeeding individuals in clinical trials.
- To ensure the appropriate inclusion and/or retention of pregnant and breastfeeding individuals in clinical trials conducted to study product safety, efficacy, and dose/dosing regimens in these populations, this global harmonized guideline will address scientific and high-level regulatory principles.

THANK YOU

[ICH E21EWG Step2 Draft Guideline 2025 0514.docx](#)

[ICH E21 Step 2 Presentation](#)

SESSION 3:

**PERSPECTIVES AND
PROGRESS FOR THE
INCLUSION OF UNDER-
REPRESENTED
POPULATIONS IN
CLINICAL TRIALS**

PANEL DISCUSSION



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Founder, Project
PINK BLUE

KEY TAKEAWAYS

The background of the slide is composed of several overlapping triangles in two shades of teal. A large, dark teal triangle occupies the top-left and bottom-left portions of the frame. The right side of the slide is filled with a pattern of lighter teal triangles of various sizes, some pointing upwards and some downwards, creating a dynamic, geometric composition.



WEBINAR #3: INNOVATIVE CLINICAL TRIAL DESIGNS AND DIGITAL TECHNOLOGIES



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